

Personal, Social, Health and Economic Education Policy St Mary's R.C Primary



In our School, PSHE and Citizenship are part of our wider focus on the Gospel Values and our ethos as a Catholic Primary School. Much of the PSHE content is taught through our R.E. and worship. We follow the Kapow programme across the school to deliver discreet PSHE lessons. PSHE is taught within PPA lessons as a stand alone subject.

Definition - PSHE (Personal, Social, Health, Economic Education)

PSHE is a planned programme of learning opportunities and experiences that help children and young people grow and develop as individuals and as members of families and communities. It helps to equip them with knowledge, understanding and practical skills, appropriate to their age and maturity, in order to live healthy, safe, fulfilled and responsible lives. PSHE also enables children and young people to reflect on and clarify their own values and attitudes, and explore the complex and sometimes conflicting range of values and attitudes they encounter now and in the future. In short, PSHE makes a significant contribution to children and young people's personal, spiritual, moral, social and cultural development and the ability to understand and reflect upon values, such as inclusion, acceptance and honesty.

Citizenship

Citizenship education helps to enable children and young people to make their own informed decisions and take responsibility for their own lives and their communities. It aims to raise awareness of their own, and other people's, rights and responsibilities as citizens including both the social and political world. Citizenship education highlights issues such as the welfare of others, and enables children and young people to be knowledgeable and articulate in reflecting upon their opinions and arguments, assisting them to become increasingly active and responsible in their communities, supporting them in realising their capability of having an influence on the world.

Aim

To provide pupils with the knowledge, understanding, attitudes, values and skills they need in order to reach their potential as individuals and within the community. Pupils are encouraged to take part in a wide range of activities and experiences across and beyond the curriculum, contributing fully to the life of their school and communities. In doing so they learn to recognise their own worth, work well with others and become increasingly responsible for their own learning. They reflect on their experiences and understand how they are developing personally and socially, tackling many of the spiritual, moral, social and cultural issues that are part of growing up.

Pupils learn to understand and respect our common humanity; diversity and differences so that they can appreciate empowering values and go on to form the effective, fulfilling relationships that are an essential part of life and learning.

Objectives

The PSHE/Citizenship programme will support the development of the skills, attitudes, values and patterns of behaviour, which enable pupils to:

- Have a sense of purpose
- Where every child is special
- Develop the ability to reflect upon situations and circumstances
- Assess risk and possible consequences
- Value and respect themselves and others
- Form and maintain positive healthy relationships
- Make and act on informed decisions

- Communicate effectively
- Apply a restorative approach to conflict resolution
- Work with others effectively
- Respond positively to challenge and appropriately manage feelings of anxiety
- Be an active partner in their own learning
- Be active citizens within the local community
- Explore issues related to living in a democratic society
- Become healthy and fulfilled individuals

The organisation of PSHE within the school

PSHE takes a whole school approach and is proactively led to prioritise and address mental health and wellbeing. PSHE as a subject helps to embed the school aims, values, behaviour to engage successfully, and safeguarding principles.

Kapow's Primary's PSHE scheme of work has been designed as a spiral curriculum with the following key principles in mind:

Cyclical: Pupils revisit the five key areas throughout KS1 and KS2.

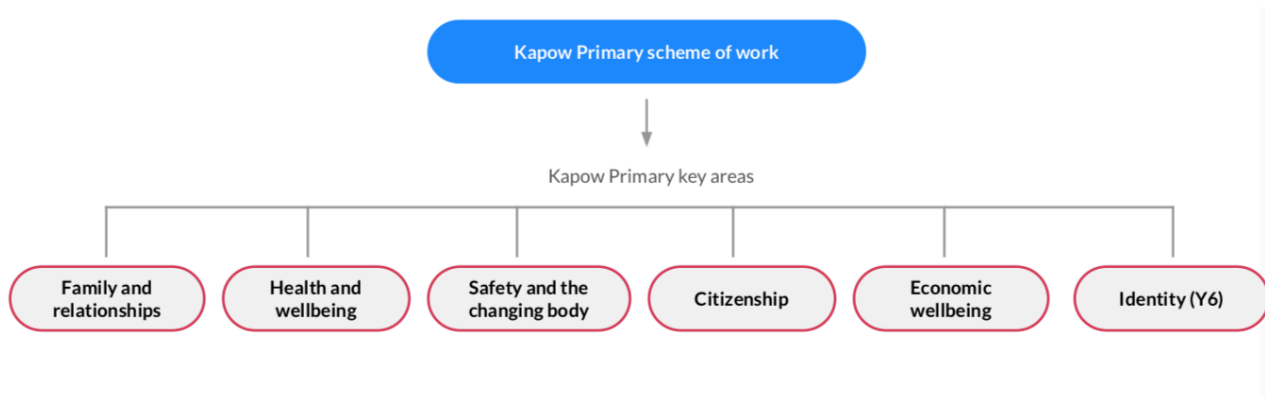
Increasing depth: Each time a key area is revisited, it is covered with greater depth and increasing maturity.

Prior knowledge: Upon returning to each key area, prior knowledge is utilised so pupils can build on previous foundations, rather than starting again.

PSHE/Citizenship is timetabled and discretely taught on a weekly basis in each class. It is also taught through cross-curricular opportunities, for example Relationships (Journey in Love), Healthy Living within PE and Healthy Eating within Design Technology.

Questions asked by pupils will be answered in a way that is appropriate to their age, maturity, understanding and need. Correct vocabulary for terms will generally be used during PSHE lessons, in line with all other curriculum subjects. Often questions will be addressed to the whole class, but should the need arise questions may be answered on an individual or small group basis. Professional judgement will be applied here; this should support the school safeguarding policy.

The content of the school's PSHE curriculum – scheme of work



Monitoring

The Inclusion Leader will monitor the delivery of PSHE through observation, planning, work sampling, learning walks, and discussions with teaching staff and pupils to ensure consistent and coherent provision.

Assessment

Where possible assessment should be carried out in line with other curriculum subjects and follow the school's Assessment Policy.

Assessment is a planned part of teaching and learning which helps to set clear expectations for standards and achievement. It ensures progression in teaching and learning and motivates pupils because they become partners in the assessment process. Assessment in PSHE allows pupils to be clear about strengths and weaknesses in their learning, and enables teachers to be clear about the achievements of their pupils and how their learning might be improved.

This policy should be read in conjunction with:

Religious Education

SRE

Positive Relationships

Anti Bullying

Child Protection and Safeguarding

Assessment

Teaching for Learning

E-Safety

Equality

At St Mary's R.C. Primary School, in line with the 2017 Equality Act, we aim to:

Eliminate discrimination.

Advance equality of opportunity between people who share a protected characteristic and people who do not share it.

Foster good relations across all characteristics - between people who share a protected characteristic and people who do not share it.